

# Stationary Rope Work Positioning and Rescue



## At a glance...

### Training (Only)

Duration Notes:	3 days
Delivery Method:	Theory/practical
Prerequisites:	This training will be suitable for those currently in employment looking to enhance/update their skills and is also designed for those looking to progress into work and develop their career.

## Introduction

This training ensures that learners are able to safely complete work tasks at height.

## Overview in brief

The training course will provide all the information required and demonstrate the practical skills required to undertake a skills assessment.

## Who should attend?

Individuals who want to develop their knowledge, understanding and skills for accessing a tree using Stationary Rope Work Positioning

## What will be covered?

On completion of this course you will be able to:

- Understand the stationary Rope Work Positioning for Tree Climbing
- Identify a range of Personal Protective Equipment (PPE) appropriate to tree climbing
- Identify hazards and manage associated risks
- Carry out visual tree inspection
- Carry out pre-use inspection of tree climbing equipment



- Choose appropriate anchor points
- Use techniques for safe and efficient ascent and descent
- Establish safe and comfortable work positions
- Carry out SRWP rescue methods.

