

# Access a Tree Using a Rope and Harness (ASIA)

## At a glance...

### Training (with Assessment) Competence

Duration Notes: 4 days

## Introduction

Find the route to the top, with our Tree climbing course.

This is a hands-on course that delivers both practical skills and health and safety guidance for those who undertake tree climbing activities.

## Overview in brief

Tree climbing is an essential part of an Arborist's work, however, working at height can be dangerous.

Falls from height are one of the biggest causes of deaths and major injuries in the workplace.

This version of our Access a Tree Using a Rope and Harness course has been developed for learners in Asia and while it meets Lantra's high standards for training it does not meet the requirements for UK operators who are required to undertake a regulated qualification to demonstrate competence.

## The finer details

This is an integrated training and assessment course.

You'll receive a certificate of competence once completed.

Worth noting: Inexperienced operators might need more time to fully master all the elements of our course.



## Who should attend?



This course is for people who are already working in, or are looking to work in, one of the following industries: Arboriculture Forestry Woodland industries Local authorities Conservation.



Learners must be physically fit and not suffering from vertigo or similar conditions or on medication that could affect their safety. This course is not appropriate for learners under 16 years of age.

## What will be covered?

By the end of the course, you will be able to:

- Understand the legislation relating to tree climbing
- Identify a range of personal protective equipment (PPE) appropriate to work positioning systems
- Tie, dress and set a range of tree climbing knots
- Identify hazards and manage the associated risks
- Choose appropriate anchor points
- Use techniques for safe, efficient ascent and descent
- Carry out pre-use inspection of ladders and safe use of ladders for entry into tree
- Understand the duties of a competent ground person
- Establish safe and comfortable work positions
- Use climbing irons safely and efficiently

