

# Tree Climbing and Aerial Rescue Refresher (TG1 Update 2020)



## At a glance...

### Training (Only)

Duration Notes: 2 days

Prerequisites: You must have attended a Tree climbing and Aerial rescue course before attending this refresher.

## Introduction

Brush up your tree work and rescue skills with our two-day refresher course.

This course is for those who are already operating in industry and need to complete refresher training as set out in the Chainsaws at Work INDG317 document.

## Overview in brief

We have updated the way that our Aerial refresher suite is delivered to reflect the changes to best climbing practice laid out in the new Technical Guide 1: Tree Climbing & Aerial Rescue

Tree work can be very dangerous, particularly when chainsaws and hand-held tools are involved.

Our refresher course will help you to stay on top of all the relevant practical and safety issues.

It's designed for anyone who works with trees and needs to take a refresher course in basic tree climbing and aerial rescue.

## The finer details

Our course will provide you with key information and practical guidance to ensure you continue to work safely and securely in trees.



Facebook.com/LantraUK

T 02476 696 996

Lantra, Lantra House, Stoneleigh Park,



@LantraUK

E awards@lantra.co.uk

Coventry, Warwickshire, CV8 2LG



It uses a balanced mix of theory and practical sessions.

You'll be taught the latest legislation and safety guidelines.

Key tree-work and aerial rescue techniques also form a major part of the course.

### **Course sessions:**

- HSE legislation and safety guidelines
- Tree climbing equipment
- Rope configurations
- Tree access
- Final anchor point and work positioning
- Light branch removal
- Use of flip line and climbing irons
- Aerial rescue
- Clearing site and equipment checks.

Worth noting: You'll need to be physically fit and not on any medication that could affect your safety.

It is, obviously, not a course for anyone who suffer from a fear of heights.

**The correct protective clothing must be worn for chainsaw work.**

### **Who should attend?**

People involved in:

- Arboriculture
- Forestry
- Woodland Industries
- Local Authorities
- Conservation.

Learners must be physically fit and not suffering from vertigo or similar conditions or on medication that could affect their safety

### **What will be covered?**

By the end of this course, you'll be able to:

- Understand the legislation relating to tree climbing



- Identify a range of personal protective equipment (PPE) appropriate to work positioning systems
- Tie, dress and set a range of tree climbing knots
- Identify hazards and manage the associated risks
- Choose appropriate anchor points
- Use techniques for safe, efficient ascent and descent
- Carry out pre-use inspection of ladders and safe use of ladders for entry into tree
- Understand the duties of a competent ground person
- Establish safe and comfortable work positions
- Understand correct final pruning position and the 1-2-3 method of branch removal
- Remove light-weight lateral branches using hand tools
- Use climbing irons safely and efficiently
- Carry out aerial rescue techniques.

