

# Lantra Awards Level 3 Award in First Aid at Work



## At a glance...

### Qualification

### Introduction

Be confident in your skills with our First Aid at Work qualification.

### Overview in brief

Employers are responsible for making sure employees get immediate attention if they are taken ill or injured at work and this can mean appointing a trained first aider.

If you 're a first aider why not enhance your skills and prospects by having a qualification? Our first aid qualifications also meet the requirements of statutory regulations, so your employer can be confident too.

### The finer details

Our Level 3 qualification will help you to perform first aid safely, effectively and efficiently in the workplace and will make sure your colleagues are in a safe working environment.

You'll receive both theory and practical training.

There is a single mandatory unit which covers the essentials of emergency first aid. Once you have completed the assessment you will achieve the Level 3 qualification in First Aid at Work.

### Who should attend?

Our qualification is for you if you're appointed as a first aider in your workplace.



## What will be covered?

When you complete the qualification, you'll be able to:



- Understand the role and responsibilities of a first aider
- Assess an incident
- Provide first aid to an unresponsive casualty
- Provide first aid to a casualty who is choking
- Provide first aid to a casualty with external bleeding
- Provide first aid to a casualty who is in shock
- Manage a casualty with minor injuries
- Conduct a secondary survey
- Provide first aid to a casualty with suspected injuries to bones, muscles and joints
- Provide first aid to a casualty with suspected head and spinal injuries
- Provide first aid to a casualty with suspected chest injuries
- Provide first aid to a casualty with burns and scalds
- Provide first aid to a casualty with an eye injury
- Provide first aid to a casualty with sudden poisoning
- Provide first aid to a casualty with anaphylaxis
- Provide first aid to a casualty with suspected major illness.

## Other areas of interest

### Training

- AID32 Emergency First Aid at Work
- AID33 First Aid at Work
- AID34 First Aid at Work Requalification
- AID17 +F First Aid
- AID35 Emergency First Aid at Work +F
- AID36 First Aid at Work +F
- AID37 First Aid at Work +F Requalification

### Training Republic of Ireland

- AID31 +F First Aid (Republic of Ireland only)
- AID40 Emergency First Aid at Work +F (Republic of Ireland only)

### Qualifications

- 610/1205/1 Level 3 Award in Emergency First Aid at Work

