# Water Awareness for the Workplace (Skills Card)



# At a glance...

## **Training (Only)**

Duration Notes: Face to face delivery, classroom based with outdoor practical

(Additional Optional water based practical)

Online option for theory only

Delivery Method: Training (Only)

Recognised by: Lantra Awards

#### Introduction

This course has been designed for operators and managers who either work in the waterside environment or supervise staff who work in the waterside environment.

### Overview in brief

This Lantra-accredited Customised Award is exclusively developed and delivered by a Lantra-approved Training Provider, who meets our quality standards. The course is specifically tailored to meet learners' needs. For further details about the course content and delivery locations, please contact the Training Provider using the details provided below.

The minimum age to undertake this course is 16.

This is an awareness level course that introduces candidates to the principles of risk assessing waterside working, working safely in waterside margins and how to undertake basic bank-based rescues should the need occur.

#### The finer details

The day will be predominantly classroom based, with practical sessions on bank-based rescues. There is an optional swimming pool based practical demonstrating life jacket deployment and safe swimming.



### Who should attend?

- Workers who routinely operate alongside bodies of water
- Managers who are responsible for workers who operate alongside bodies of water



### What will be covered?

- Background and relevant Health and Safety Legislation
- Assessing the Risk of working alongside water
- Basic First Aid for Drowning and Hypothermic casualties
- Waterborne Infections
- Personal Protective Equipment
- Inland water hazards
- Coastal & Tidal Hazards
- Bank Based Rescue Techniques & Emergency Procedures
- Lifejacket Deployment (Optional)