

# Emergency First Aid at Work



## At a glance...

### Training (with Assessment)

Duration Notes:	1 day
Delivery Method:	Theory and Practical

### Introduction

Show you are the first aider in your workplace with our Emergency First Aid course.

### Overview in brief

First aid can be crucial until the professionals take over.

This training course is for you if you are required to carry a skills card to identify you as an emergency first aider in the workplace.

### The finer details

This is a one-day training and assessment course. You'll learn the key techniques to administer first aid.

At the end of the course you will receive a certificate of training in Emergency First Aid at Work and a Skills Identity Card.

### Who should attend?

This course is ideal for you if you work in any industry that requires a recognised first aider, especially where identification is required before you give first aid.

### What will be covered?

By the end of the course, you'll be able to:





- Understand the role of the first aider, including reference to:
  - The importance of preventing cross infection
  - The need for recording incidents and accidents
  - The use of available equipment.
- Assess the situation in order to act safely, promptly and effectively in an emergency
- Administer cardio-pulmonary resuscitation (CPR)
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded or bleeding
- Administer first aid to a casualty who is suffering from shock
- Provide treatment for minor injuries including small cuts, grazes, bruises, minor burns, scalds and small splinters.

### Other areas of interest

- Emergency First Aid at Work (excluding Skills Identity Card)
- First Aid at Work (with Workbook)
- Emergency First Aid at Work +AED (with Workbook)
- First Aid at Work (with Workbook).

